The Pulse

016H00 – 18H00

Mon - Fri



The Pulse' on 99FM focuses on and delves into all things health, wellness, finance and inspiration.

Presenter: Sibongile Tshabalala

A Namibian communications specialist with a background in copywriting, content production, creative writing, comedy and poetry, as well as radio and television broadcasting. She holds a Bachelors degree in journalism and communication.

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